

## YOUR EMPLOYMENT RESOURCE CENTER

SCAP's Employment Services helps local community members find gainful employment, which allows them to create an improved life for themselves and their families, and become more productive members of the community.

Services are individualized as well as group-focused, and combine formal classroom training, case management and therapy. Participants learn essential skills to help them find and keep a job while examining the barriers that have kept them from achieving success in the past.



Customers are offered a wide range of classroom training and case management services including:

- New or updated computer skills
- Interpersonal skills and communications in the workplace
- Problem solving and decision-making skills
- Time management
- Understanding boundaries between work and home and managing family and personal crisis
- Writing a resume and conducting a successful interview
- Work ethics
- Intensive case management
- Individualized pre-career readiness
- Individual and family therapy

Case management and counseling services are offered for up to a year after students graduate to help them resolve barriers and retain employment.

**1,988** SERVICES PROVIDED TO DHP CUSTOMERS

**189** INDIVIDUALS SERVED  
(116 SCHENECTADY, 73 SCAP AT FMCC)

**103** JOB PLACEMENTS:  
(67 SCHENECTADY, 36 SCAP AT FMCC)

**59** 90 DAY RETENTIONS  
(36 SCHENECTADY, 23 SCAP AT FMCC)

**\$11.57** AVG PER HOUR EARNINGS UPON HIRE

## Testimonials:

"SCAP's Project LIFT classes were amazing. I am an older lady with physical limitations who didn't know where to start to see if I could still work. Steve and Karl were so helpful and I learned so much. I went on to get my PCA certification because of them. I am so grateful. Would recommend to everyone to sign up for SCAP's Project LIFT!" ~ Pamela H.

"SCAP's Project LIFT showed me that I can accomplish my goals and that I can be self-sufficient." ~ Crystal S.

"I'm glad that I joined SCAP's Project LIFT last March. This program helped me all the way through until I was able to find a job at Capstone Nursing Home. The class was a great investment of my time, it really helped me. The instructor was great and the class was fun! It's almost a year later, and I still put a lot of what I learned to use. The program was great and I highly recommend it!!!!!" ~ Mabel B.

"I was able to be so prepared because of this class [SCAP's Career Readiness Program]. I made a perfect resume in the class, which I will always have. I never had a resume so this was a huge help. I am currently working on a medical-surgical floor as a R.N. I am very grateful for this class. The skills I learned there will carry on forever." ~ Margie G.

"I am grateful for this class [SCAP's Career Readiness Program]. I now feel empowered and confident I have the tools to gain the job I want." ~ Pam H.

"I have gained confidence in myself from really looking at my past employment experience and I know that my creativity can help me go beyond a regular low paid hourly wage."  
~ Deborah A. [SCAP's Career Readiness Program]