

Rely Health Care Services

1756 Union Street • Schenectady, New York 12309

SCAP selected Rely Health Care for this month's Spotlight because of their focus on quality and compassionate care which was evident at our recent visit. SCAP regularly works in partnership with Rely Health Care's administrator, Kimberly Palmerino. She has employed many of our graduating career readiness students and participates in SCAP's Speed Networking events held at the Schenectady Job Fair to help prepare job seekers for employment.

Rely Health Care has proven its strong commitment to the well-being of its clients, working to provide the highest-quality personalized care to homes, hospitals, nursing homes and other areas. Their staff of highly trained and compassionate professionals are ready and able to meet all of their client's health care needs. Since 1985 Rely Health Care has provided over 3 million hours of service to those in need and their number one priority is the client's well-being.

Rely Health Care began as a family business. They are conveniently located on upper Union St. in Schenectady. Rely Health Care is backed by the strength of the CareGivers network, which has been known for high quality standards since 1967. Additionally, Rely Health Care staff assist their clients with record keeping or filing health insurance forms. In other words, as Ms. Palmerino said, "We are with you in every way."

A Registered Nurse (RN) is assigned to every client and/or family to assess the amount and level of care needed to establish a care plan. The RN work with your private physician to address all your health care issues. In addition, the RN returns periodically to oversee the staff and the care they provide, and to check on the health status of the patient. RNs and LPNs provide nursing care by implementing treatments prescribed by the physician. They promote teaching to the client and staff, provide personal hygiene, preparation of meals, maintain intake and output, and perform such skills as wound care, diabetic care, colostomy care, and medication management.

Service Coordinators work with the nursing supervisor and client to provide them with the support services they need, and assist in coordinating the times and days that are most desirable.

Companions are selected to provide comfort and security. They offer meal preparation, light housekeeping, social activities, and accompany the client to appointments.

The Personal Care Aide can perform all the duties of a Companion plus additional duties such as bathing, ambulatory assistance, feeding, transferring clients, assistance with toileting, turning client in a chair or bed, and reminding client of medications.

The Certified Home Health Aide performs all the duties of the Companion and the PCA, but can offer more assistance, including vital signs/ urine testing, assist with complex dietary restrictions, prescribed exercise routines, oxygen equipment, skin care and colostomy care.

Rely Health Care is open 24/7. For more information, call Rely Health Care at 518.374.0474 or e-mail info@relyhealthcare.com.