

Cheetara Moore



Growing up in a single-parent household on Long Island wasn't always easy for Cheetara, especially since she was the oldest of six children. However, it did provide her with a dream for her future and the strength of character she needed to pursue that dream. Today, Cheetara Moore is 26 years old and is enrolled in SCAP's Healthcare Professional Opportunity Grants (HPOG) program. She is fulfilling her lifelong dream to have an occupation in the healthcare field and care for others.

"My Mom has always told me to achieve my goals," said Cheetara. "She has always been a good influence in my life; she is a hard worker and a good role model. She is the reason why I am in the HPOG program today. I want to be someone she can be proud of."

When Cheetara was in school, she was painfully shy. "School didn't go exactly as I wanted, I was shy back then and my life wasn't so great," said Cheetara. She didn't participate in class because of her shyness. "When I was little, I wanted to become a teacher, but somewhere along the line, I changed my mind and now I hope to become an RN."

This change came about because Cheetara's Mom suffers from disabling epilepsy and her sister has diabetes and epilepsy. To make her Mom's life easier, Cheetara helped out with her younger siblings. "This instilled a need in me to help others. It helped me understand people with disabilities; you see how vulnerable they are."

Cheetara's family moved from Long Island to Albany, N.Y. in 2001 and in 2006 she graduated from Albany High School. From there, in 2009 the family moved to Schenectady. It was around this time Cheetara's began struggling with her own health problems; she was diagnosed with fibromyalgia. Physically and mentally

adjusting to her illness took a few years and during this time she was unemployed, but helped her Mother with her babysitting business.

Recently, Cheetara began to feel like she wanted more for herself and was ready to take steps toward starting a career. She heard about SCAP through her sister. Cheetara decided the HPOG program was a great opportunity for her to pursue her dream to work in the healthcare field. "If you have things that you can change, you should go for it; it makes you a better person," said Cheetara.

When asked about her future, Cheetara said she sees herself working in the healthcare field. "I am a very compassionate person, so this is the right field for me," she continued. "SCAP's career readiness program has been an eye opener for me. We review things I had forgotten, I learned new computer skills and resume writing. I learned about my strengths and weaknesses."

Things Cheetara values most are her religion, her family and doing things that make her happy. Surely, completing the HPOG program and becoming a certified healthcare worker will provide Cheetara the chance she needs to fulfill her dream and have a happy and productive life.

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