



SCOTIA MANSION ASSISTED LIVING

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Scotia Mansion is an assisted living facility, with a small home-like environment and licensed by the New York State Department of Health. They offer a well-rounded program that allows the residents to maintain healthy lifestyles by encouraging movement and socializing with their peers. Residents receive weekly trips for shopping, assistance with transportation to and from appointments, housekeeping, and other planned outings. Also, residents are able to participate in their cultural and religious observances and traditions. Home Health Aides (HHA) and Personal Care Aides (PCAs) are available to residents to assist in their daily needs.

Scotia Mansion's mission is to *provide a safe comfortable, supportive environment in which each individual can attain the quality of life they deserve*. It is their philosophy that *each person is unique and has a lifetime of experiences that have shaped who they are*. By combining 38 years of experience in the industry with the residents' special needs, they are able to create an individual care plan. They work with each resident and their families to develop a plan of care that promotes dignity, independence, privacy and individual preferences, while at the same time providing security and assistance when needed.

Susan Ripley has been the Administrator since June 2011. She said, "Scotia Mansion serves the needs of lower income seniors who require assistance with meals, medication management, bathing, dressing, housekeeping, and laundry. What has been most rewarding for me is the feeling of community that has evolved. Residents live in the least restrictive environment while still having their activities of daily living met. We strive and encourage them to remain as independent as possible."

Additionally, Scotia Mansion has a program called, "Aging in Place" to support residents so they can remain at the Mansion in this home-like environment longer. With the support of a full-time RN manager, personal care staff and enhanced staffing ratios, residents often delay or even avoid the need to move to a skilled nursing facility to address their special needs.

The structure is an older building with 3 floors, an elevator, and a handicap ramp with beds for 50 residents. It is in the quiet village of Scotia in a tree-lined neighborhood where families and residents coexist. Residents are encouraged to be as independent as possible and are often seen walking nearby or sitting outside on the porch.

Home cooked meals are planned with a dietary consultant, and modifications for special diets are always taken into consideration. Residents have a community dining room.

Each week, residents look forward to a visit from Pogo, a therapy dog. Weekly church services are provided by local church volunteers. Residents look forward to volunteer visitors who provide one-on-one companionship. Volunteers are always welcomed and thoroughly enjoyed by the residents.

Scotia Mansion may be small, but offers *Assistance when you need it...Freedom when you want it*. Administrator, Susan Ripley, is very hands-on and takes the time to get to know every resident. Her dedication is evident in how much she cares about the residents and who she hires to provide services for them.

SCAP has recently established an association with Scotia Mansion Assisted Living to consider the graduates of our HPOG program as employment candidates for their HHA and PCA positions. We look forward to a long and productive partnership that will ensure quality of care for the residents of the Mansion, along with long-term employment for our healthcare career graduates.

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